

In the Claims:

**Amendments to the Claims:** (material to be inserted is in **bold and underline**, material to be deleted is in [brackets and strikeout]).

Please cancel claims 1-12 without prejudice and add new claim 13.

Claims 1-12 (canceled)

**13. (New) A sliding device comprising:**

an elongate member having a soft foam core, an upper surface and a bottom surface, the bottom surface having a slick skin, and the elongate member including:

a |  
an intermediate portion having a substantially planar bottom region configured to slide over snow;

substantially symmetrical elongate concave side edges; and two end portions, each of the end portions having an upturned shape so as to enable the sliding device to be ridden on a downward slope with either one of the end portions acting as the leading end; and

a plurality of handles, each handle having two ends and a connecting piece therebetween, with each of the two ends mounted to the upper surface of the elongate member with sufficient space for a gloved hand between the connecting piece and the upper surface of the elongate member.